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## A Storm /Sound Sangria plan to calm the worried pet

Please follow the checked items to create a calming plan.

\_\_\_\_\_ Toss food into bathroom/ covered crate with a bed on non storm days to train for storm/ noise days

\_\_\_\_\_ Dogs - Adaptil collar . Wear 24/7 – remove for baths. Wear snug like a belt – renew monthly – plug in also in safe room

<u>Cats</u> – Feliway spray on bandana, or spray on the perches, and in the safe room on day of storms - plug in in safe room/ carrier areaq

## Storm/ noise days

Give \_\_\_\_\_ medication at least 1 hour before storm approaches Ok to give if not sure if storm coming? Yes \_\_\_ No \_\_\_\_

\_\_\_\_\_ Create a safe area – put a bed or towel in the, bathroom, basement or closet. Toss treats and food in there to train them to go there daily.

\_\_\_\_\_ stock freezer with Kong toy stuffed with canned food- toss in safe room .

- \_\_\_\_\_ Use snug fitting T-shirt or cover your dog/cat with a loose blanket.
- \_\_\_\_\_ Continuously Play heavy beat rock music, see Butterscotch's playlist
  - \_\_\_\_\_ Close blinds/ curtains , cover the crate with a blanket create a cave
    - \_\_\_\_\_ Humans stay calm, no excessive petting, high pitched voices or agitated action.

(Get you and family in safe area early in bad storms to avoid chaos)

Youtube videos drsallyjfoote channel – get in the basement get in the bathroom get in your carrier